# Long Whatton C of E Primary

# Relationships and Sex Education Policy



*'Live, Learn, Grow and be Thankful''*

*Relationships and Sex Education Policy*

Date of policy: November 2026

Date adopted by Governors: November 2026

Review date: November 2029

## 1. Context

This policy should be read alongside our PSHCE, Safeguarding and Child Protection, Child-on-Child Abuse, Anti-Bullying, Behaviour, Online Safety and Equality policies.

### 1.1 Relationships Education in our school

We believe Relationships Education is learning about emotional, social and physical aspects of our lives, about ourselves and our relationships. It enables pupils to develop essential life skills for building and maintaining positive, enjoyable, respectful and non-exploitative relationships. It equips pupils with information and skills they need to understand about themselves, their peers and people they meet in the wider community. It explores risks, choices, rights, responsibilities and attitudes. It will help pupils to develop skills to keep themselves and others safer, physically and emotionally, both on and off line. Relationships Education enables pupils to explore their own attitudes and those of others respectfully.

Our Christian vision is "Live, Learn, Grow and Be Thankful", inspired by Matthew 13:31–32. We aspire for every child to flourish intellectually, creatively, physically, spiritually and morally, with respect for others and equality at the heart of our church school.

### 1.2 Context of Wider PSHCE

We deliver Relationships Education and Sex Education as part of our wider provision of Personal, Social, Health and Citizenship Education (PSHCE), which also includes statutory Health Education.

Our wider provision includes ELSA and social skills support, Anti-Bullying Week, courageous advocacy, collective worship, enrichment and opportunities for pupil voice.

### 1.3 Intent of Our Relationships Education Curriculum

Through the delivery of Relationships Education we intend to further our school's aims of providing a curriculum which is relevant to the needs of pupils, both now and in the future. It will enable pupils to develop knowledge, skills and attitudes which enhance their personal development and wellbeing. This will have a direct, positive effect on their progress and achievement in school.

All adults in school will work towards achieving these aims for Relationships Education. We seek to enable our children to:

- develop interpersonal and communication skills
- develop positive, personal values and a moral framework that will guide their decisions and behaviour
- respect themselves and others, their views, backgrounds, cultures and experiences
- develop healthy, respectful, caring relationships based on mutuality, reciprocity and trust
- develop skills to help them build and maintain healthy relationships in good times and bad

- develop their ability to keep themselves and others safe, physically and emotionally, both on and off line
- develop their understanding of a variety of families and how families are central to the wellbeing of children
- build their understanding of the variety of views, beliefs and identities that shape families and relationships
- recognise and avoid coercive and exploitative relationships
- explore relationships in ways appropriate to their age and stage of development
- value, care for and respect their bodies
- build confidence in accessing additional advice and support for themselves and others.

## 2. Implementing Our Policy

### 2.1 Inclusion

In relation to those with special educational needs or disability, we ensure our Relationships Education programme provides for those with additional needs. We recognise that those with SEND are often more vulnerable to sexual harassment and abuse and we ensure that children are supported to develop appropriate strategies and attitudes to keep themselves safer. We consider:

1. the accessibility and appropriateness of teaching resources
2. their level of vulnerability to coercion and pressure
3. their previous experience of negative behaviours in child-child or child-adult relationships
4. their need to learn and demonstrate appropriate behaviour
5. their need to develop self-esteem and positive body image
6. the need to involve all staff, including ancillary staff and parents/carers, in policy development, planning and training
7. the management of personal care
8. clarity about sources of support for pupils.

### 2.2 Equality

The Equality Act 2010 has special resonance in Relationships Education. Through this area of learning we seek to develop key interpersonal skills such as respect and empathy, which enable pupils to understand the rights and responsibilities we all have towards one another. We strive to ensure that every child feels valued and represented in our school as a whole and specifically through our Relationships Education provision.

Under the provisions of the Equality Act, schools must not unlawfully discriminate against pupils or their families because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (collectively known as the protected characteristics).

We will ensure that our provision of Relationships Education is not only equally accessible and inclusive for all pupils with protected characteristics, or who have family members with

protected characteristics, but also that it reduces discrimination, advances equality of opportunity and encourages good relations between different groups.

In order to ensure that Relationships Education meets the needs of all:

1. We will reflect a range of lifestyles, beliefs and family structures so that all children see themselves and their families reflected back in their lessons.
2. We will ensure that the law in relation to, for example, equality, marriage, online behaviours, sexuality, discrimination and violence are explained in age appropriate ways.
3. Where parents/carers have made us aware of their cultural or religious views or beliefs about families, relationships or identities, we will ensure these perspectives are included (unless they are unlawful).
4. We will not seek to gain consensus, but will accept and celebrate difference, and enable children to develop respectful, inclusive communication skills.
5. We will, as appropriate, ensure that a variety of views and beliefs are reflected back to pupils.
6. In order to build positive communication skills and empathy, we will teach in mixed-sex groups. We will offer small single-sex groups where cultural or religious views or beliefs cause children and/or their families to feel uncomfortable in mixed-sex groups. When teaching in single-sex groups, the needs of gender questioning children and their parents/carers will be taken into account.
7. We will encourage, respect and build skills to enable children to identify and report abusive and exploitative behaviours.
8. We will not ask children to represent the views of a particular religious or cultural group to their peers, unless they choose to do so.

We support children in developing their knowledge about and attitudes towards diversity throughout units of work including:

9. Diversity and Communities
10. Family and Friends
11. Beginning and Belonging

2.3 Safeguarding

We understand the importance of high-quality Relationships Education as we fulfil our statutory safeguarding duties. Relationships Education enables pupils to understand about mutual, consensual and reciprocated relationships in all their forms. Whether the children are learning about friendships, families, relationships in school or the wider community, they will be developing essential skills which underpin their ability to recognise abusive relationships. Teaching about 'Family and Friends' and 'Anti-bullying' enables us to fulfil our statutory duty to prevent child on child abuse (Ref KCSIE 2026 para 160).

In the case of RSE and Personal Safety, we recognise that effective teaching may alert children to what is appropriate and inappropriate behaviour (including inappropriate sexual behaviour) and that there is an increased possibility that a disclosure relating to abuse may be made. RSE and Personal Safety enable us to fulfil our duty to report Female Genital Mutilation (FGM) (KCSIE 2026 para46). *All staff are aware of the Safeguarding and Child Protection*

*procedures and will report disclosures or concerns to the Designated Safeguarding Lead (DSL) immediately.*

**Sexually Active Pupils:** *There are extremely rare occasions where a primary-aged child, who is sexually active or contemplating sexual activity, approaches an adult. If this occurs in our school, it will be viewed as a child protection issue. Children of primary age are not deemed able to give meaningful consent to any sexual activity. The member of staff receiving the report/disclosure will follow Safeguarding Procedures and report concerns to the Designated Safeguarding Lead (DSL) immediately.*

### 2.4 Development of the Policy

This revised policy is based on the Cambridgeshire January 2026 model and Long Whatton's previous policy. The governing body will approve the policy following appropriate engagement with pupils, staff and parents/carers. Consultation arrangements and outcomes will be recorded before adoption.

The governing body will consider views received through consultation. Individual respondents do not have a veto over statutory curriculum content.

### 2.5 Consulting on our Policy

We will provide parents/carers, staff, pupils and governors with accessible information about the planned Relationships and Sex Education curriculum and invite their views through appropriate consultation.

Parents/carers will be invited to comment on the proposed policy and curriculum through school communications and opportunities to discuss the materials.

Parents/carers may request to see sample materials and discuss age appropriateness with school staff.

Pupil voice and governor scrutiny will inform future review.

## 3. Involving the Whole School Community

### 3.1 Working with Staff

Teaching Relationships Education and Sex Education can be very rewarding, but we understand that, in order to feel confident, staff need opportunities to develop their own knowledge, skills and attitudes. We recognise that every adult has different personal beliefs and attitudes, but that all teachers must understand and comply with their duties connected with safeguarding, equality and inclusion.

Teachers have a duty to deliver statutory areas of the curriculum and all teachers will be supported to develop their skills in delivering non-statutory areas such as Sex Education. We will discuss relevant issues and staff concerns and, where appropriate, arrange training to enable staff members to feel confident in delivering the various aspects of Relationships Education and Sex Education. We will also encourage the sharing of good practice between

colleagues in our school and further afield. We may also use team teaching to develop teacher confidence.

*Those with special responsibility for the development of Relationships Education and Sex Education will be offered opportunities to consult with advisors and attend external training courses.*

3.2 Engaging with Pupils

We recognise that an inclusive and well-sequenced Relationships Education and Sex Education curriculum should be informed by meaningful engagement with pupils to ensure that the curriculum is relevant and engaging (Ref DfE RSHE para 15a). We will involve pupils in the evaluation and development of the Relationships Education curriculum in ways appropriate to their age. We will seek opportunities to discuss children's views about the content, accessibility and relevance of their lessons.

a. *We will refer to local/countywide/national data e.g. Health Related Behaviour Survey for our school/district.*
b. *We will engage the pupils in assessment activities to establish their development needs, for example 'Draw and Write' activities.*
c. *We will encourage pupils to ask questions as they arise by providing anonymous question boxes.*
d. *We will ask pupils to reflect on their learning and set goals for future learning.*
e. *We will consult pupils (e.g. through School Council) about their perception of the strengths of our Relationships Education provision and the areas to be further developed.*

3.3 Working with Governors

This policy has been developed with governor involvement, so that the governors are able to fulfil their statutory duties. The ultimate responsibility for this policy and the effective delivery of RSE lies with the Governing Body.

It is the responsibility of the governors to ensure, through consultation, that the Relationships Education Policy reflects the needs and views of our community.

Governors will review Relationships Education annually through curriculum monitoring. The policy will be published on the school website and a link governor will oversee the area.

It is the role of governors to ensure that:

- pupils make progress in Relationships Education in line with the expected educational outcomes
- the subject is well led, effectively managed and well planned
- the quality of provision is subject to regular and effective evaluation
- teaching is delivered in a way which is accessible to all
- clear information is given to parents/carers about curriculum purpose, content and teaching materials

- the subject is resourced and taught in a way which enables the school to fulfil statutory requirements.

3.4 Communicating with Parents/carers

Parents/carers are the first educators of their children about relationships, emotions, empathy, respect and growing up. We recognise that many children like to receive information about relationships from their parents/carers in addition to their learning in school. Therefore we seek to work in partnership with parents/carers when planning and delivering Relationships Education (Ref DfE RSHE para 55). We will encourage this partnership by:

f. *Informing parents/carers by newsletter or leaflet of forthcoming Relationships Education topics e.g. Personal Safety, Anti-bullying and RSE*

g. *Inviting parents to learn more about the approaches used in Relationships Education and Sex Education through 'drop ins' or information sessions*

h. *Providing supportive information about parents'/carers' role in Relationships Education, enabling them to speak with their children at home*

i. *Signposting parents/carers to sources of information and support to help them address the needs of their child or build their own confidence in talking about relationships with their children.*

3.4.1 Sharing Teaching Materials with Parents/carers

We recognise that it is the best interests of our children that we engage with parents/carers on the content of Relationships Education and Sex Education and share with transparency, our lessons outlines and teaching materials (Ref DfE RSHE para 15b).

We will make materials available to view on request, subject to copyright and safeguarding requirements.

Parents/carers may arrange an appointment with the school to view teaching materials in person or, where appropriate, remotely.

Teaching materials must not be copied or redistributed in breach of copyright.

Where a meeting cannot be arranged, the school will discuss an accessible alternative.

We believe that all aspects of Relationships Education are most effectively taught by those who know our pupils well and are aware of their needs. *We plan for school staff to deliver all Relationships Education and Sex Education content.* We may invite visitors to our school, who may enhance, but never replace, our planned provision. We will work closely with visitors to ensure that the needs of our pupils are met *and the visitors adhere to the content coverage agreed in this policy.*

We will follow this Code of Practice when working with visitors:

- The care and management of pupils is the responsibility of the school at all times.
- In class teaching situations, visitors will not be asked to work alone with pupils, but will be supported by a member of staff.

- The school will know whether visitors are DBS checked and arrangements will be made to accompany them as appropriate.
- All visitors will be made aware of the content and principles of this Policy, prior to their visit.
- All lessons will be planned in direct liaison with the PSHCE Co-ordinator/Class teacher, taking account of the age and needs of the group and the context of the work within the Relationships Education programme.
- Visitors will be reminded that, whilst contributing to Relationships Education in a classroom setting, they must adhere to the same confidentiality code as staff members. Class teaching must be seen as separate from health or other targeted interventions to support wellbeing.
- Any resources which a visitor wishes to use or distribute will be discussed and agreed with the PSHCE Co-ordinator/Class Teacher beforehand.
- The contributions of visitors will be regularly monitored and evaluated.

## 4. Curriculum Organisation and Delivery

Our curriculum follows the Cambridgeshire Primary Personal Development Programme, statutory Relationships and Health Education guidance and the National Curriculum for Science. It is sequenced progressively and adapted to pupils' needs.

Relationships Education is learning about:

- Families and People who care for me
- Caring Friendships
- Respectful, kind relationships
- Online safety and awareness
- Being Safe

Our PSHCE topic structure does not separate delivery of Relationships Education from Health Education and wider PSHCE. We deliver topics which, taking the lead from children's lived experiences, consider related themes including development of knowledge, skills and attitudes in an integrated way. Topics where Relationships Education objectives are significant are:

- Anti-bullying
- Digital Lifestyles
- Diversity and Communities
- Family and Friends
- Managing Change
- My Emotions
- Being Safe
- Relationships and Sex Education

Also: Working Together, Beginning and Belonging, Rights, Rules and Responsibilities

Relationships Education will be taught in:

- PSHCE through *designated lessons, circle time, focused events, health weeks*
- Other curriculum areas, especially *Science, English, RE, PE and computing*
- Enrichment activities, especially *our assembly programme, SEAL programme, growth mindset approaches, visits from Life Education, social skills groups, involvement in school trips and adventurous activities, activities carried out as part of our development as a healthy school.*

4.1 Teaching Methodologies

Our aim is that teachers use a range of teaching methodologies where skills such as communication, compromise and negotiation are practised in classroom situations and where attitudes such as respect and empathy are modelled and discussed. We encourage teachers to ensure that group work, debate, respecting other people's viewpoints and working together are practised in all PSHCE lessons and across the wider curriculum. Our Relationships Education lessons are not simple opportunities to give information, but to build relationship skills, reflect on our needs and views, explore ~~views and~~ other people's perspectives and develop possible solutions through discussion and interaction.

In keeping with this approach, we base our curriculum on a series of questions children will have the opportunity to engage with, rather than banks of knowledge they will acquire. These questions are set out in our Personal Development Frameworks.

4.1.1 Creating a Safe Learning Environment

Relationships Education is taught in a safe, non-judgemental environment where all adults and children are confident that they will be respected. Specific ground rules will be established at the beginning of any Relationships Education work, in addition to those already used in the classroom. They will cover the following areas:

- appropriate use of language
- the asking and answering of personal questions
- when information might be shared outside the lesson, in accordance with safeguarding duties
- strategies for checking or accessing information.

4.1.2 Distancing Techniques

In order to protect children's privacy and to enable them to better learn about concepts without emotional distress, we will employ teaching strategies which enable them to discuss issues without disclosing personal experience or encouraging personal reflection on matters which may have been difficult or traumatic. For example, we will use *fiction, puppets, case studies, role-play, AVs, theatre in education groups*, to enable children to share ideas and opinions about third parties and to practise their decision-making skills without building emotional discomfort or distress.

4.1.3 Single-Sex groups

*Alongside our mixed-sex groups, we may use single-sex groups or small group teaching where this will help us to meet the needs of those with cultural, religious or other backgrounds which make it difficult for them to comfortably access the statutory curriculum in a mixed-sex group. We will discuss the needs of gender questioning with parents/carers and the pupils themselves, when deciding on grouping arrangements.*

4.2 Relationships and Sex Education (RSE)

Our RSE topics combine elements of the statutory content in Relationships Education and Health Education with non-statutory content in 'Sex Education'. See Section 5 below.

4.2.1 Our Aims for 'RSE'

We recognise that children learn about relationships and their growing and changing bodies at home and at school. We believe that a partnership between home and school is the most supportive environment for learning in this area. At school children primarily learn about RSE topics through planned lessons, but also through wider provision and our inclusive school environment.

This topic includes content taken from the 'Families and People who Care for me' and 'Being Safe' sections of the DfE statutory guidance for Relationships Education. It is also the main location of teaching statutory content from the 'Developing Bodies' element of Health Education, along with some aspects of 'Health Protection and Prevention'.

In addition to our broad aims for Relationships Education, in our planned lessons on Relationships and Sex Education we aim to ensure that children:

- develop understanding of the value of marriage, stable relationships and family life as a positive environment for bringing up children
- name the private parts of the body confidently and communicate with trusted adults to keep themselves safe
- be prepared for puberty and the emotional and physical effects of body changes, menstruation
- understand the attitudes and skills needed to maintain personal hygiene.

4.2.2 Our School Context

Our topic, RSE, combines elements of Relationships Education (e.g. learning about families, personal safety and emotional wellbeing) with aspects of Health Education (e.g. learning about the spread of illnesses and developing bodies). This combination offers the best location for our provision of non-statutory sex education. Some elements of our RSE topic are part of the statutory National Curriculum for Science (e.g. the biological aspects of puberty, sexual reproduction and the spread of viruses).

We will ensure that children receive teaching about puberty at *Y5 and Y6* in order to prepare them for the physical, emotional and social changes they are approaching or undergoing. *We may*

*deliver introductory teaching about puberty at Y4, depending on the needs of each cohort. Parents will be informed about any additional teaching being offered at Y4 and will be asked to reflect on the needs of their child.*

We understand that at times children will benefit from varying methods of delivering the RSE curriculum. For example, *we may use single-sex groups or small group teaching where this will help us to meet the needs of particular children more effectively, we will use team teaching where this enables us to best use teacher expertise.* We will ensure there are positive educational reasons for each method of delivery.

4.3 'Family and people who care for me' and 'Caring friendships'

This area of the statutory content is delivered in a variety of different topics in our programme. Key topics for delivering content are 'Anti-bullying' and 'Family and Friends'.

4.3.1 Our Aims for 'Anti-bullying' and 'Friends and Family'

We recognise that children learn about skills which contribute to their ability to build and sustain healthy relationships in a wide variety of ways, not only through planned lessons, but through their everyday experiences at school and at home. Our school ethos, wider enrichment opportunities and the interventions and support offered, all contribute to the development of these skills.

These two topics contain the main location for our teaching on the statutory content from the 'Families and People who Care for me' and 'Caring Friendships' sections of the DfE statutory guidance for Relationships Education.

In addition to our broad aims for Relationships Education, in our planned lessons on Anti-bullying and Family and Friends we aim to ensure that children:

- Learn skills for developing and sustaining healthy friendships
- Are able to apply principles of mutuality, equality, respect and loyalty across different types of relationships
- Are able to identify coercion, manipulation and power imbalance across different types of relationships
- Learn that empathy, communication skills, emotional literacy and positive mental health all contribute to healthy relationships
- Learn about the breadth of different family structures, lifestyles, religions and cultures and understand how to show respect and celebrate difference
- Are able to ask for support and support others when relationships are tough.

4.3.2 Our School Context

Our whole-school approach includes Anti-Bullying Week, collective worship, PSHCE lessons, the Long Whatton Way and opportunities for pupil voice.

Children experiencing friendship difficulties or bullying may receive ELSA support, social skills interventions and tailored pastoral support.

All members of staff understand their role in supporting our strong anti-bullying culture.

Other school policies which are particularly relevant to our work to support mental health are Safeguarding, Behaviour, Anti-bullying, Acceptable Use.

4.4 Respectful, kind relationships

This area of the statutory content is delivered in a variety of different topics in our programme. A key topic for delivering content is 'Diversity and Community'.

4.4.1 Our aims for 'Diversity and Community'

We recognise that children learn about diversity in a variety of different ways and from a variety of sometimes contradictory sources. We will carry out our responsibilities under the Public Sector Equalities Duty to reduce discrimination, advance equality of opportunity and encourage good relations between different groups. We hope that our topic on Diversity and Community will support children to prepare for the opportunities, responsibilities and experiences of later life in modern Britain (Education Act 2020/Academies Act 2010) where they will meet a wide range of diverse people with different characteristics, including the protected characteristics: age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, and sexual orientation.

This topic includes content taken from the 'Respectful, kind relationships' sections of the DfE statutory guidance for Relationships Education and supports us in teaching children about the Fundamental British Values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

This topic also provides a vehicle for us to carry out our responsibilities to prevent child on child abuse (KCSIE 2026 para 36) particularly in the context of prejudiced language or behaviours and prejudiced related bullying.

In addition to our broad aims for Relationships Education, in our planned lessons on Diversity and Community we aim to ensure that children:

- develop their understanding that they and others should be treated with respect, including those who are different from them (physically, in character, in personality or background) or who make different choices or preferences or have different beliefs.
- build a strong sense of their own identities and the different and changing facets that contribute to these.
- understand about stereotypes and how to identify and challenge them.
- understand the benefits for them and others of engaging in a range of ways in their immediate and wider communities.

4.4.2 Our School Context

In our lessons we plan to 'reflect back' the views and experiences of different families, so that every child is able to hear familiar and unfamiliar views, learning respectful communication, even if there is disagreement. We will ensure that information we share is medically and legally accurate.

4.4.2.1 LGBT Content

We note the DfE's encouragement that primary schools should teach about 'healthy, loving relationships' (DfE RSHE paras 67-72). We will therefore teach about same sex relationships in the context of a wide range of family structures, in age-appropriate ways that will be familiar to our children, so that they understand that their peers' families might not be the same as theirs.

We understand that there is significant, current debate about the concept of gender identity, that parents/carers will have different views and that children will have heard some of these. We will enable children to reflect on differing views with empathy and respect. We will teach children to identify and challenge stereotypes based on gender and any negative behaviours that stem from sexism or misogyny. We will ensure that children are aware that those with the protected characteristic of gender reassignment or sexual orientation must be treated kindly, with respect and without prejudice.

4.4.2.2 Religion and belief

We recognise that parents/carers in our school community may hold differing religious views and beliefs, even if they follow the same religion. We will encourage them to talk with us about these views so that we can 'reflect them back' to the children, in our lessons. We may use phrases such as 'Some people believe X, some people believe Y.' We will be clear when we are delivering content that reflects religious belief. We will not ask children to explain their family's religious perspective on a topic, unless they choose to do so. We will make it clear when we are teaching about the law or medical fact.

4.5 Being Safe

This area of the statutory content is delivered in a variety of different topics in our programme. A key topic for delivering this content is 'Being Safe'.

4.5.1 Our Aims for 'Being Safe'

A culture of safeguarding runs through everything we do in school. In this topic, we aim to proactively teach skills and attitudes which will enable children to keep themselves safer.

This topic includes content taken from the 'Being safe' section of the DfE statutory guidance for Relationships Education and supports us in fulfilling our duties (KCSIE 2026 para 36) to

prevent child on child abuse and to enable children to report concerns and abuse, both on and offline.

In addition to our broad aims for Relationships Education, in our planned lessons on 'Being Safe' we aim to ensure that children:

- understand about boundaries in peer and child/adult relationships and how to communicate about these.
- understand concepts of bodily autonomy and privacy.
- recognise when a relationship is harmful or abusive and be able to report abuse or concerns about behaviour on or offline.
- develop skills to communicate concerns and to be persistent with trusted adults.

4.5.2 Our School Context

Children will learn a broad range of safeguarding skills and strategies which will be exemplified and reinforced through our teaching content and through everyday practice and consistent adult role modelling and support. In line with our safeguarding policies, all adults will be trained to respond to any behaviour or concern that might indicate a safeguarding need.

4.6 Online Safety and Awareness

This area of the statutory content is delivered in a variety of different topics in our programme. A key topic for delivering content is 'Digital Lifestyles'.

4.6.1 Our Aims for 'Digital Lifestyles'

In this topic, we aim to proactively teach skills and attitudes which will enable children to reap the benefits of the increased technological connectivity, whilst ensuring that they and their parents/carers are aware of the skills and actions they should take to keep themselves safer.

This topic includes content taken from the 'Online Safety and Awareness' section of the DfE statutory guidance for Relationships Education. It should be noted however that many elements of 'Online Safety and Awareness' are addressed in other topic areas, such as 'Family and Friends' and 'Anti-bullying'.

In addition to our broad aims for Relationships Education, in our planned lessons on 'Digital Lifestyles' we aim to ensure that children:

- understand how to show the same levels of respect in online interactions as in those which are face to face.
- develop critical thinking skills about the information they see online and the interactions they have.
- develop understanding that some content online is not appropriate for children and build skills to report and ask for help, when they encounter it.
- recognise the benefits and risks of sharing information online and how to seek help.

4.6.2 Our School Context

Every school in the country is finding its way through the new opportunities and risks that use of technology brings. We recognise that we must work in partnership with parents/carers to inform them about the risks to their child's health and wellbeing of unrestricted or poorly supervised online activity.

We recognise that our Safeguarding duties extend to the online world, not just in protecting children from predatory adults, but from children's interpersonal difficulties which may be caused and/or exacerbated by the use of technology. We are aware of our duties in KCSIE (2026 para 164) to keep children safe online and to prevent child on child abuse.

4.7 Curriculum Materials and Resources

We will primarily use the *Cambridgeshire Primary Personal Development Programme* and the resources recommended within it when planning and delivering Relationships Education and Sex Education. We will avoid a 'resource-led' approach, instead we will focus on the needs of the children and our planned learning objectives. We will carefully select resources which meet these objectives and the needs of the children. We will evaluate teaching resources thoroughly before using them. We will select resources which:

1. are consistent with our curriculum for Relationships Education.
2. relate to the aims and objectives of this policy.
3. are suitable to the age, maturity, needs, linguistic proficiency and ability of the children.
4. appeal to adults and children.
5. are up-to-date in factual content.
6. are produced by a reputable organisation.
7. do not show unfair bias e.g. towards a commercial product, religious view point.
8. avoid racial, gender, sexual, cultural and religious stereotyping and heteronormativity.
9. encourage active and participative learning.
10. conform to the statutory requirements for Relationships Education.

4.8 Safe and Effective Practice

*In our school we have clear Confidentiality procedures in our Child Protection and safeguarding Policy, which is shared with staff, pupils and parents/carers. This policy is communicated to parents/carers in the School website. The policy details:*

- Staff are unable to offer absolute confidentiality, in line with safeguarding practice.
- We will reassure children that staff will act in their best interests and that this may involve sharing information if the child is at risk of harm.
- Children will be told if information is to be shared (taking special care with very young children or those with significant special needs) and will be offered appropriate support.

Professionals, such as school nurses and youth workers, are bound by their professional codes of conduct when offering advice and guidance to individual pupils. This often involves offering a greater level of confidentiality than school staff are able to give. However, in a classroom and other teaching situations, when they are contributing to our planned Relationships Education

programme, they will follow the school's Safeguarding and Confidentiality Policies. Health professionals will ensure that children are aware of the boundaries of confidentiality when beginning work with classes.

#### 4.8.1 Answering Children's Questions

We acknowledge that sensitive and complex issues will arise in Relationships Education and Sex Education, as pupils will naturally ask questions. When spontaneous discussion arises, it will be guided in a way which reflects the stated school aims and curriculum content. As a first principle, we will answer questions relating to the planned curriculum for that age group or below, to the whole class. *We will answer questions relating to areas beyond the planned curriculum for that age group, but within our curriculum plan (YR-Y6), in a sensitive and age-appropriate way, only to the pupil/s who have asked the question.* If a member of staff is uncertain about the answer to a question which goes beyond the planned content for that age group, or indeed whether they wish to answer it, they will seek guidance from the *PSHCE leader/Designated Safeguarding Lead. In some cases the question will reach beyond the planned curriculum for Y6 and the question will not be answered in school. The child will be asked if they would like support to ask their questions at home or to another trusted adult.*

When answering questions, we shall ensure that sharing personal information by adults, pupils or their families is discouraged. Where the question indicates the need for pastoral support, the conversation will be deferred to a time outside the teaching session and other colleagues may be involved. Where a question or comment from a pupil in the classroom indicates the possibility of abuse, coercion or exploitation, teachers will pass this information to the DSL in line with the school's Safeguarding policy.

### 4.9 Assessment, Recording, Reporting

Relationships Education will be assessed in a variety of ways, including the use of self-assessment and teacher assessment. Guidance provided in the Cambridgeshire Primary PDP will be used.

*From time to time the PSHCE leader will ask staff to reflect on the effectiveness of learning in particular units of work, using the RAG rating sheets in each unit.*

*We will also use a class record book to record whole class discussions and group work in PSHCE.*

## 5. Sex Education Policy

### 5.1 Definition of Sex Education

We define non-statutory primary sex education as teaching about human conception and birth beyond the requirements of statutory Relationships and Health Education and the National Curriculum for Science.

This extends the learning about sexual reproduction in 'some plants and animals' required through the Science national curriculum. It also complements the statutory requirement to

teach about puberty as part of Science and Health Education, as understanding sexual reproduction in humans enables children to understand the processes of puberty.

5.2 Consultation about Sex Education

We have a taken into account the DfE's recommendation that all primary schools have a Sex Education programme (Ref DfE RSHE para 30) and we understand that this is not statutory. We understand that our teaching in sex education must be tailored to the needs and physical and emotional maturity of the pupils.

5.3 Content of Sex Education

*The content of our Sex Education programme will be gradually developed in an age-appropriate way. The children will not learn detailed biological information about human sexual reproduction until Y5/6. They will learn about sexual intercourse in the context of sexual reproduction.*

***Y1/2** will learn that human babies grow inside their mothers and that adult animals produce offspring like themselves. (Cats have kittens. Cows have calves etc.)*

*This learning is part of the Science curriculum and parents/carers do not have the right to withdraw their child. It is included here as it is the beginning of a progression of learning.*

In Years 3 and 4, children learn in an age-appropriate way that human life begins when a sperm and egg join. This is identified as non-statutory sex education in the school's existing curriculum.

In Years 5 and 6, children learn age-appropriate biological information about human conception, reproduction and birth, including IVF, as set out in the planned non-statutory sex education curriculum.

5.4 Teaching Methodologies

In Sex Education there is a certain amount of knowledge which has to be imparted. Teachers will give the facts in an accessible way using a range of approaches, such as picture books and scientific descriptions. *We will avoid resource-led approaches which rely on worksheets or lengthy audio visual resources.* Pupils will be asked to consolidate their learning in ways which enable them to develop skills to discuss sexual body parts and functions confidently, and to understand the relevance of puberty to sexual reproduction.

5.5 Delivery of the Sex Education Curriculum

Sex Education will be delivered as part of our topic called Relationships and Sex Education (RSE) by a teacher, who knows the needs and natures of the children. The teacher is best placed to tailor the learning to the needs of the pupils.

*Parents/carers will be informed by letter/email about the content of the curriculum in advance of teaching and will be invited to talk to staff if they have questions.*

Teachers will be offered support to develop their skills and to learn from others where needed.

5.6 Right to be withdrawn from Sex Education

Parents/carers may request withdrawal from non-statutory sex education. There is no right to withdraw from statutory Relationships Education, Health Education or National Curriculum Science. The headteacher will discuss requests with parents/carers and clarify which lessons are non-statutory.

We will consider compromise arrangements which will enable the child to receive Sex Education at school *(e.g. same sex teacher, same sex teaching group).*

*We will offer support to parents/carers who wish to deliver Sex Education at home.*

If a pupil is excused from Sex Education, we will ensure that the pupil receives appropriate, purposeful education linked to other areas of RHE during the period of withdrawal.

The parents/carers will be asked to reconfirm their decision to withdraw their children from Sex Education each time a Sex Education element is planned for their child.

## 6. Monitoring, Review and Evaluation

Monitoring, review and evaluation of the Policy is the responsibility of the PSHCE leader/head teacher. The governing body will ask for information relating to the effectiveness of the policy when it is monitored every year. Information will be gathered from the *Head Teacher, the PSHCE Leader, parents/carers and pupils* to inform judgements about effectiveness.

The policy will be comprehensively reviewed with engagement from members of the school community every three years, or sooner if an issue or incident occurs which warrants it.

*Information gathered to inform the comprehensive review may include information about pupil progress and attainment, feedback from the teachers about the curriculum provision and staff confidence, views of parents/carers, parent/carer comments and concerns, level of parent/carer withdrawal from Sex Education.*

## 7. Appendices

7.1 Long Whatton curriculum overview

Our PSHCE curriculum includes Beginning and Belonging, Family and Friends, Anti-Bullying, Diversity and Communities, Digital Lifestyles, Managing Change, My Emotions, Being Safe, Rights, Rules and Responsibilities and Relationships and Sex Education. Teachers use the Cambridgeshire programme's age-related frameworks and adapt learning for mixed-age classes.

The detailed year-group curriculum map and samples of resources will be maintained alongside this policy and shared with parents/carers on request.

7.2 Linked National Documents

RSE and Health Education 2025

Children and Social Work Bill 2017.

Equality Act 2010

Keeping Children Safe in Education

7.3 Our Charter: Working Together in RSE

We are all committed to working towards the implementation and development of the following entitlements.

### Children and Young People are entitled to:

- Be valued and respected for who they are, taking into account their background, culture, faith, identity and needs.
- Accurate, up-to-date, useful and age-appropriate information delivered in a way that meets their individual needs.
- A well-planned, well-delivered RSE programme, which is flexible to cater for their changing needs over time.
- Know where and how to access information, support and local services.
- Be informed about confidentiality and how it affects them.
- Have their views and ideas received in a respectful and non-judgemental manner.
- Be involved in developing and evaluating the content, delivery and timing of their RSE programme as appropriate.

### Adults working with children are entitled to:

- Access to high quality, up-to-date, accurate information, resources and training.
- Mutual understanding of roles and responsibilities in relation to the planning and delivery of RSE.
- Contribute their views and ideas in support of the development of RSE for their pupils.
- Professional guidance and support.
- A clear understanding of school policy relating to RSE.

### Parents/carers and other adults in the community are entitled to:

- Accurate, up-to-date, information about RSE policy, delivered in an accessible way.
- A safe learning environment for their children.
- Information on how and when their children are taught RSE.

- Understand their right to withdraw their child from the aspects of the curriculum defined as 'sex education' and the process for expressing this right.
- Have their views and needs listened to in a respectful, non-judgemental manner.

## APPROVAL AND REVIEW

Policy updated: November 2026 | Governor approval: Pending | Next scheduled review: November 2029